

**Annual Fall Pentathlon**  
**Hosted By: Spartan Swim Club**  
**HOLT HIGH SCHOOL**

**Saturday, October 1 and Sunday, October 2, 2011**

**You must be currently enrolled in our fall stroke clinic and a current USA Swimming member to sign up for the S Pentathlon.**

**ENTRIES AND MONEY ARE DUE BY MONDAY, SEPTEMBER 12!**

<b>Location:</b>	Holt High School Pool, 5885 W. Holt rd, Holt, Michigan 48842  Exit I-96 at Martin Luther King. Go South to Bishop Road and turn left on Bishop. At the dead end, turn right on Grovenburg Road. Turn left on Holt Road. The school is on the right side of Holt Road. The pool is on the east end of the school.  Exit I-127 at Holt Road. The school is on the left side of Holt Road. The pool is on the east end of the school.
<b>Times:</b>	Saturday, October 1 AM Warm Up starts: 8:30 a.m.; events begin 9:30 a.m. Saturday, October 1 PM, Warm Up starts: 11:30 p.m.; events begin 12:30 p.m. Sunday, October 2 AM Warm Up starts 8:00 a.m.; events begin 9:00 a.m. Sunday, October 2 PM Warm Up starts 11:30 a.m.; events begin 12:30 p.m.  8 & Under Novice, 8 & Under, 9 - 10 Novice swim Saturday morning 11 - 12 year olds swim Saturday afternoon 9 - 10 year olds (except Novice) swim Sunday morning. 13 - 14 Year Olds and Open swimmers Sunday afternoon.
<b>Hotels:</b>	See attached list of area hotels offering special rates.
<b>Facilities:</b>	Indoor eight-lane 25-yard pool. Depth at start is 14 ft and 4ft at turn. Permanent starting blocks and non-turbulent lane markers are in place. Colorado timing with an 8-lane display will be used. There is a diving well, which will be available for supervised warm-up and warm down. There is ample seating for spectators. <i>All events will be self-marshaled.</i> Locker rooms are available, with limited locker space; however swimmers should bring their own locks and are responsible for the safety of their own belongings. Public phones will be available. The pool has not been certified in accordance with rule 104.2.2C(4)
<b>Eligibility:</b>	There are no minimum or maximum time cuts for the meet. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on October 1, 2011 will determine his/her eligibility for a particular age group. Events may be combined but awards will be by event number.
<b>Meet Format:</b>	This meet is a Pentathlon. Each swimmer (other than novice divisions) will be required to compete in five events, one in each of the four stroke disciplines and an IM of applicable distance. Distance will vary with age groupings. The 8 and under novice division will swim three events: 25 free, 25 back, and 50 free. The 9 - 10 novice division will swim three events: 50 free, 50 back and 100 free. The novice divisions are intended for beginning swimmers who do not feel comfortable with butterfly and breaststroke. <i>If the size warrants the Meet Referee in conjunction with the Meet Director may decide to run the meet in six (6) lanes instead of eight (8). Any decision to use 6 lanes will be communicated by email to all teams immediately.</i>
<b>Entry Limits:</b>	Entries will be accepted on a first come first serve basis by date of email for electronic (Hy-tek) entries and date of receipt by the entry chair for hard copy entries until the

	<p>(4) hour per session maximum time limit is met. As set forth in entries are not deemed valid and will not be processed until such person has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed waver agreement, (c) your club's certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned <b>even if received before the entry deadline</b>. To balance sessions to meet the four (4) hour per session time limit, the meet host reserves the right to use any reasonable technique including but not limited to splitting age groups and /or splitting teams. If the meet host desires to either split age groups and/or split teams, the contact person of each club entering the meet and each unattached swimmer shall be provided with electronic notification of such change at least ten (10) days prior to the date of the meet. Any club that withdraws entries based on such change shall receive a refund of such entry fees.</p>
<b>Electronic Entry Fees:</b>	<p>\$26.00 per swimmer except the 8 and under Novice and the 9 - 10 Novice, which are \$18.00 per swimmer. A swimmer must pay the full amount <i>even if s/he does not intend to swim all events in an age group</i>. For example, if a novice swimmer plans to swim only the 50 back and 50 free, his/her entry fee is still \$18.00. Amounts include \$1.00 MI Swim fee and \$5.00 JAWS Admin fee. Checks to: JAWS</p> <p style="text-align: center;"><b>ENTRIES AND MONEY ARE DUE BY MONDAY, SEPTEMBER 12!</b></p>
<b>Refunds:</b>	There are NO refunds.
<b>Check In:</b>	<p>Check In will be available as of 45 minutes before warmup. Signs will direct swimmers to the Check In table. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from <b>all</b> events in that session. <b>CHECK IN IS REQUIRED NO LATER THAN 15 MINUTES AFTER THE BEGINNING OF WARMUP. PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES.</b> Failing to swim an event after check in will disqualify a swimmer from his or her next event.</p>
<b>Scratch Rules:</b>	<p>Prior to the close of check in, a swimmer may scratch an event at the Check In table. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer (or a representative for such swimmer) has checked in and is seeded, that swimmer must compete in that event or the swimmer will be scratched from his/her next scheduled event.</p>
<b>Marshaling:</b>	<p><b>The meet will be self-marshaled.</b> All self-marshaled swimmers will be expected to find their heat and lane independently. Heat sheets will be posted on the pool deck.</p>
<b>Seeding:</b>	<p>Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.</p>
<b>Admissions:</b>	\$4 per person. A meet program will be available for \$4.
<b>Deck Entries:</b>	<p>Deck entries will be accepted as time allows and at the discretion of the meet director and meet referee. Deck entries are \$36 for 5-events (regular swimmers) and \$22 for 3 (novice swimmers) events. Deck entries will not be accepted other than for 5 or 3 events.</p>
<b>Scoring:</b>	<p>Points will be awarded by place in each event as follows: 32 points for 1<sup>st</sup> place, 29 points for 2<sup>nd</sup> place, 28 points for 3<sup>rd</sup> place, etc. Individual high point will determine overall pentathlon placing in each age grouping. Only the top 30 swimmers in each age group will be scored. In the event of a tie, the IM will be used to determine the places of the tied swimmers. In the 8 and under Novice, the 50 free will be used to break ties. In the 9 - 10 Novice, the 100 freestyle will be used to break ties, <b>If still tied after that then we will proceed through the IM order of events till it is broken</b></p>
<b>Awards:</b>	<p>Points will be given for each event and then combined for all five events (three events for Novice). Awards will be for the combined points not for each individual event. For each age grouping: 1<sup>st</sup> through 6<sup>th</sup> place trophies will be awarded; 7<sup>th</sup> through 12<sup>th</sup> place will receive custom medals; and 13<sup>th</sup> through 24<sup>th</sup> place will receive custom ribbons. Awards must be</p>

awards will be mailed.  
 will be posted on the Michigan Swimming Website at [www.uss-michiganaquatics.org](http://www.uss-michiganaquatics.org)

<b>Concessions:</b>	Food and beverages will be available in the hallway outside the pool. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas.
<b>Lost and Found:</b>	Articles may be turned in/picked up at in the hallway leading to the spectator stands. Articles not picked up by the end of the meet will be retained in the home of the Concessions Manager for at least 14 days.
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the diving well. Penalties for violating these rules will be the sole discretion of the Meet Referee and may include ejection from the meet. To comply with the USA Swimming privacy and security policy, <u>NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.</u>
<b>Deck Personnel:</b>	Only swimmers, registered coaches and meet officials/workers are allowed on the deck.
<b>General Information:</b>	Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review.
<b>First Aid:</b>	Supplies will be kept in the coaches office on the pool deck and available as needed.
<b>Facility Items:</b>	(A) No smoking is allowed in the building or on the grounds. (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms. (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions. (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool.

### HOTELS

Here are a few possible choices.

**The Hampton Inn**  
 2200 Hampton Pl.  
 Okemos, MI 48864  
 517-349-6100

**Comfort Inn & Suites**  
 9742 Woodlane Drive  
 Dimondale, MI, US, 48821  
 Phone: (517) 721-0000

**ENTRIES AND MONEY ARE DUE BY MONDAY, SEPTEMBER 12!**



Your complimentary  
use period has ended.  
Thank you for using  
PDF Complete.

[Click Here to upgrade to  
Unlimited Pages and Expanded Features](#)

ED BY Spartan Swim Club  
October 1 and 2, 2011  
Michigan Swimming, Inc. # MI1112001.

GIRLS	EVENT	BOYS
<b>SATURDAY AM START 9:30 a.m. (WARM UP 8:30 a.m.)</b>		
1	8 & Under 100 I.M.	2
3	8 & Under Novice 50 Free	4
5	9 - 10 Novice 100 Free	6
7	8 & Under 25 Fly	8
9	8 & Under Novice 25 Back	10
11	9 - 10 Novice 50 Back	12
13	8 & Under 25 Back	14
15	8 & Under 25 Breast	16
17	8 & Under Novice 25 Free	18
19	9 - 10 Novice 50 Free	20
21	8 & Under 25 Free	22

**SATURDAY PM START 12:30 p.m. (WARM UP 11:30 p.m.)**

23	11 Year 50 Fly	24
25	12 Year 50 Fly	26
27	11 Year 50 Back	28
29	12 Year 50 Back	30
31	11 Year 50 Breast	32
33	12 Year 50 Breast	34
35	11 Year 100 Free	36
37	12 Year 100 Free	38
39	11 Year 100 I.M.	40
41	12 Year 100 I.M.	42

**ENTRIES AND MONEY ARE DUE BY MONDAY, SEPTEMBER 12!**



Your complimentary  
use period has ended.  
Thank you for using  
PDF Complete.

[Click Here to upgrade to  
Unlimited Pages and Expanded Features](#)

ED BY Spartan Swim Club  
October 1 and 2, 2011  
Michigan Swimming, Inc.# MI1112001

GIRLS EVENT BOYS

**SUNDAY AM START 9:00 a.m. (WARM UP 8:00 a.m.)**

43	9 Year 50 Fly	44
45	10 Year 50 Fly	46
47	9 Year 50 Back	48
49	10 Year 50 Back	50
51	9 Year 50 Breast	52
53	10 Year 50 Breast	54
55	9 Year 50 Free	56
57	10 Year 59 Free	58
59	9 Year 100 I.M.	60
61	10 Year 100 I.M.	62

**SUNDAY PM START 12:30 p.m. (WARM UP 11:30 a.m.)**

63	13-14 100 Fly	64
65	Open 100 Fly	66
67	13-14 100 Back	68
69	Open 100 Back	70
71	13-14 100 Breast	72
73	Open 100 Breast	74
75	13-14 100 Free	76
77	Open 100 Free	78
79	13-14 200 I.M.	80
81	Open 200 I.M.	82

**ENTRIES AND MONEY ARE DUE BY MONDAY, SEPTEMBER 12!**