



Midwest Zone

Olympic Development Program - ODP
2011-12 ODP Phase 4

Michigan & Ohio Camp 1

Also; Michigan & Ohio Tryout*
October 9th

\$100 for Tryout Attendees*

Sunday 9am-3pm walk ups and registration for Tryouts at 8:30am
All New Athletes Are Welcome to Come and Try Out
During the 1st Training Camp

East Lansing High School, MI

509 Burcham Dr. East Lansing, MI 48823

Register online at www.usawaterpolo.org under Events/ODP Tryouts. The Tryout portion of the Training Camp is for those that did not participate in Phase 3 of ODP. Those that participated in Phase 3 will begin their training at the same time.

Phase 4 General Information (please also refer to www.usawaterpolo.org, then ODP).

- 32 hours of training/instruction.
- ODP costs \$660. This covers participation in training sessions and Regional Championships. Does not include travel to/from training and Regional Championships.
- Learn the National Team System of Play
- Learn top level skills and drills

ALL Age/Groups Welcome to Tryout

12th/11th Grade

10th/9th Grade

8th Grade and Under

Questions on Camp Location, Times, and anything local –

Ron Marsh

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Questions on ODP, Fees, What is Expected After Tryouts, General ODP Questions, Camp Dates, Coaches, Etc –

www.usawaterpolo.org - ODP

